

Thanks for joining us for the VIRTUAL TRACK MEET #1

UPDATE - NOTICE BELOW

The timing app provider (fieldgeneral.us) has notified us of a delay in our event that will be hosted via their timing app. After Field General has made updates and improvements this week to cater to a number of events that have been canceled due to the virus outbreak - they are now experiencing a delay with it being republished on the app store for the same reasons.

The event is being moved to next Saturday, April 4th and Sunday, April 5th.

Nothing else has changed - if you have registered, you need to do nothing other than wait one week. If you wish to still register, please do so by Friday, April 2nd at noon.

WISCONSIN HS Athletes NOTE -

ATHLETE MUST GAIN PERMISSION FROM HIGH SCHOOL ATHLETIC DIRECTOR + COACH PRIOR TO PARTICIPATING

Participating will count as one of your 2 allowed non-school events.

(This is an individual based competition to compete against many with your online results. This is not to promote any gatherings or team events. Participate against the clock and yourself - then your time/performance will be posted along with the other participants)

If you do not get your answers here - please go to our website at adesports.com for multiple links and tutorials.

Before reading on – this info talks mostly about the running events and the timing via GPS. For field events, go to the FIELD EVENT link.

Who is this for? - Anyone. Let's stay healthy and safe but remain active. We have four distances this first meet. The 400, 800, Mile and 3000. **(more distances and sprints will be added for the future meets in the following three weeks if the interest is there)** When entering, choose one of the categories that fits you. Middle School, High School, Collegiate, Wheelchair and Open. For parents or younger children, please enter under the Open category.

Where and How - This is to be run outside your front door or wherever you feel safe and comfortable. **WE RECOMMEND STAYING OFF OF TRACKS as the GPS does not like circles and round corners.** This is for some fun competition, keep that in mind. However, the straighter your route/course, the more the GPS will love you. Feel free to run downhill the whole way :) Simply get out, RUN, the GPS app will time you and it automatically gets posted to the results.

We encourage you to share this opportunity and encourage everyone to enter -

WE DO NOT encourage you to create social gatherings. This is an opportunity to compete alone, virtually/online, results post automatically, then reach out via social media to all of your friends and fellow competitors to brag about how you did.

Be smart, be safe, obey your local restrictions but STAY ACTIVE.

1. See the **INTRO VIDEO** at adesports.com (homepage) if you have not watched it yet.
2. See the **REGISTRATION TUTORIAL** at adesports.com (homepage) for how to use **ATHLETIC.NET** to register.
3. Click **REGISTER** at adesports.com to create your **UNATTACHED** account, add the meet to your calendar and register for your events.
4. **FOR RUNNING EVENTS** - Watch the **TUTORIAL LINK** at adesports.com. This is a view of what you will see after clicking on the link you receive in your text.
5. **FOR FIELD EVENTS** - You need to video yourself performing your shot put, long jump or triple jump while a parent or sibling records you. (2 people with social distance) **RECORD IN A LANDSCAPE FORMAT** for best results in posting. Keep the camera rolling from beginning to the end of the performance and complete recording through the measurement. For now, simply email the video clip to virtualtrack2020@gmail.com and we will upload them ourselves to **HUDL**. In the email **SUBJECT LINE**, we would like it to be the event, distance and name. Ex. **SHOT PUT - 45'8"** - Joe Smith. We will compile the results and post them respective divisions at adesports.com. Now go challenge a friend and make sure you rake the pit and throwing area if you are able to access one.

You can enter up to three events for the \$5.00 registration fee.

Entries for **MEET #1** close at Noon on Friday, April 3rd. Each individual entry will need their own account with a personal cell phone number. If you are a parent registering your child, the phone number and email address is what you (participant) will receive the text with that provides you the race event link. You will just Tap the link within the **TEXT** you receive, enter a password and it will take you to the respective online race/event.

Each event you enter will create and send you a separate link via text. Please note that they are all different links, so you do not want to delete them if you think you are getting multiples of the same one.

Meet Start - You will receive these links prior to 7 a.m., CST on Saturday, April 4th. You can then tap in to start your event and compete any time after you receive the link(s), up until 7:00 p.m. Sunday, April 5th. After you finish the required distance, the website will automatically take your time from the GPS system and post it to the results page.

Meet End - Competitors will then have until 7:00 p.m. CST, Sunday, April 5th.

Entry is \$5 and you can enter up to three events for that price. \$1 from each entry will go toward a shelter to provide meals for children that are not able to receive breakfast and lunch while their schools are out. More on that was seen or can be found by watching the intro video here or at adesports.com

T-shirt - It may be the only invitational t-shirt you get this season. If you wish to purchase an event t-shirt, you can do so while registering on athletic.net. Event shirts will be mailed via USPS, so you need to make sure you complete the online info for mailing address as well as the size shirt you would like. To see the shirt - go to adesports.com for an image.

Contact us via this meets link or at virtualtrack2020@gmail.com

Future - We plan to host different events as well as some of the same events over the next three weeks. We are also looking to host a few field event opportunities as well via HUDL. Please follow us at adesports.com and facebook – ade timing

Please watch adesports.com for future meets as well. The intent is to host one the next three weeks.

If you have registered for MEET #1, you will be notified of each future meet.

Share - Please share this info with friends, teammates, coaches, colleagues and anyone you can share with.

HAVE FUN, BE SAFE, STAY ACTIVE, STAY HEALTHY